

HELP

God is our refuge and strength, a very present help in trouble. Psalm 46:1 ESV

Exodus-God's Helping Hand

Hebrews in Egypt

Exodus 1:22 (ESV)

Then Pharaoh commanded **all his people**, "Every son that is born to the Hebrews you shall cast into the Nile, but you shall let every daughter live."

Moses is Born

Exodus 2:3 ESV

[3] When she could hide him no longer, she took for him a basket made of bulrushes and daubed it with bitumen and pitch. She put the child in it and placed it among the reeds by the river bank.

Moses Flees to Midian

Exodus 2:23-25 ESV

[23] During those many days the king of Egypt died, and the people of Israel groaned because of their slavery and cried out for help. Their cry for rescue from slavery came up to God. [24] And God heard their groaning, and God remembered his covenant with Abraham, with Isaac, and with Jacob. [25] God saw the people of Israel—and God knew.

Moses and the Burning Bush

Exodus 3:7-12 ESV

[7] Then the Lord said, "I have surely seen the affliction of my people who are in Egypt and have heard their cry because of their taskmasters. I know their sufferings, [8] and I have come down to deliver them out of the hand of the Egyptians and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the place of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. [9] And now, behold, the cry of the people of Israel has come to me, and I have also seen the oppression with which the Egyptians oppress them. _Come, I will send you to Pharaoh that you may bring my people, the children of Israel, out of Egypt.' But Moses said to God, 'Who am I that I should go to Pharaoh and bring the children of Israel out of Egypt?' He said, 'But I will be with you, and this shall be the sign for you, that I have sent you: when you have brought the people out of Egypt, you shall serve God on this mountain.'"

Exodus 4:10-12 (ESV): "But Moses said to the Lord, 'Oh, my Lord, I am not eloquent, either in the past or since you have spoken to your servant, but I am slow of speech and of tongue.' Then the Lord said to him, 'Who has made man's mouth? Who makes him mute, or deaf, or seeing, or blind? Is it not I, the Lord? Now therefore go, and I will be with your mouth and teach you what you shall speak.'"

The Ten Plagues

Exodus 6:1 ESV

[1] But the Lord said to Moses, "Now you shall see what I will do to Pharaoh; for with a strong hand he will send them out, and with a strong hand he will drive them out of his land."

Pillar of Cloud and Fire

Exodus 13:21-22 ESV

[21] And the Lord went before them by day in a pillar of cloud to lead them along the way, and by night in a pillar of fire to give them light, that they might travel by day and by night. [22] The pillar of cloud by day and the pillar of fire by night did not depart from before the people.

Crossing the Red Sea

Exodus 14:16-18 ESV

[16] Lift up your staff, and stretch out your hand over the sea and divide it, that the people of Israel may go through the sea on dry ground. [17] And I will harden the hearts of the Egyptians so that they shall go in after them, and I will get glory over Pharaoh and all his host, his chariots, and his horsemen. [18] And the Egyptians shall know that I am the Lord, when I have gotten glory over Pharaoh, his chariots, and his horsemen.”

Exodus 14:30-31 ESV

[30] Thus the Lord saved Israel that day from the hand of the Egyptians, and Israel saw the Egyptians dead on the seashore. [31] Israel saw the great power that the Lord used against the Egyptians, so the people feared the Lord, and they believed in the Lord and in his servant Moses.

Asking for Help

Ask the Lord

Psalms 18:6 ESV

[6] In my distress I called upon the Lord; to my God I cried for help. From his temple he heard my voice, and my cry to him reached his ears.

Psalms 86:7 ESV

[7] In the day of my trouble I call upon you, for you answer me.

Ask a Righteous Person

James 5:16 ESV

[16] Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.

Galatians 6:2 ESV

[2] Bear one another's burdens, and so fulfill the law of Christ.

Accept and offer Help

Ecclesiastes 4:9-10 ESV

[9] Two are better than one, because they have a good reward for their toil. [10] For if they fall, one will lift up his fellow. But woe to him who is alone when he falls and has not another to lift him up!