# "More Thanksgiving Please"

"For although they knew God, they did not honor him as God or give thanks to him, but they became futile in their thinking, and their foolish hearts were darkened." (Romans 1:21)

"...be thankful." (Colossians 3:15)

### **Convincing my Soul:**

<u>Psalm 103:1-5</u> – (1) "Bless the LORD, O my soul, and all that is within me, bless his holy name! (2) Bless the LORD, O my soul, and forget not all his benefits,

#### (3a) who forgives all your iniquity,

(10) "He does not deal with us according to our sins, nor repay us according to our iniquities. (11) For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him; (12) as far as the east is from the west, so far does he remove our transgressions from us." (Psalm 103:10-12)

#### (3b) who heals all your diseases,

# (4a) who redeems your life from the pit,

"He made known his ways to Moses, his acts to the people of Israel." (Psalm 103:7)

# (4b) who crowns you with steadfast love and mercy,

- (8) "The LORD is merciful and gracious, slow to anger and abounding in steadfast love. (9) He will not always chide, nor will he keep his anger forever."

  (Psalm 103:8-9)
- (5) who satisfies you with good so that your youth is renewed like the eagle's."

#### And there's more

<u>Psalm 103:19</u> – "The LORD has established his throne in the heavens, and <u>his kingdom rules over all.</u>"

### **Encouraging Thankgiving**

<u>Psalm 103:20-22</u> – (20) "Bless the LORD, O you his angels, you mighty ones who do his word, obeying the voice of his word! (21) Bless the LORD, all his hosts, his ministers, who do his will! (22) Bless the LORD, all his works, in all places of his dominion. Bless the LORD, O my soul!"